

Emmitsburg Senior Center July 2011 301-600-6350

<i>Mondays</i>	<i>Tuesdays</i>	<i>Wednesdays</i>	<i>Thursdays</i>	<i>Fridays</i>	<i>Saturdays Sundays</i>
Ask Nurse Steve: With comes Illness/ Happier with Age 19 th of June				1 Nutrition minute @ 11 am Cards and Games @ 12:30	2
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4 CENTER CLOSED!!!	5 Strength Training @ 10am Cards @ 12:30pm	6 500 & Bridge @ 12:30 pm	7 Strength Training @ 10 am Pinochle @ 12:30pm	8 IT'S A SECRET!!!! (come see)	9
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11 Center Open for Lunch Bowlers meet @ 12:15	12 Strength Training @ 10 am Cards @ 12:30 pm	13 Trivia @ 11am FRUIT BINGO @ 12:30	14 BFS Special Lunch Celebrating Patriots Pinochle @ 12:30pm	15 Inner Harbor Trip Cards & Games @ 12:30pm	16
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18 Center is open Bowlers meet @ 12:15	19 Strength Training @ 10 am Cards @ 12:30 pm	20 500 & Bridge @ 12:30 pm.	21 Strength Training @ 10 am. Pinochle @ 12:30 pm	22 .Cards & Games @ 12:30 pm	23
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25 Center is Open Bowlers meet @ 12:15	26 Strength Training @ 10 am Cards @ 12:30 pm.	27 Trivia @ 11am. Bingo @ 12:30 pm. 500 Cards @ 7	28 Strength Training @ 10 am, Pinochle @ 12:30 pm	29 National Cryptologic Museum Trip Cards /Games 12:30	30
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